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TELETHERAPY and AUDIO INFORMED CONSENT

It is important that you, as you my client, understand the following limitations of video/audio contact, as well as expectations for each other we make for video/audio psychotherapy treatment:

1. Many internet teletherapy and audio communication platforms, such SKYPE, FACETIME, and GOOGLE HANG-OUTs not guaranteed to be secure/confidential and therefore potentially non-HIPPA-compliant.
2. There are precautions that you, as my client, can take to increase security, including:
 - a. Ensuring that you are online in a private room/area with the door closed, and if possible, using some type of sound blocking device.
 - b. When possible, connect to the Internet directly (as opposed to using WiFi; this also helps with transmission).
 - c. Make sure to turn whatever platform off, not just disconnect from the call when the session is over.
3. Make the same commitment to your online session as with an in-office appointment.
 - a. Don't be late.
 - b. Limit distractions – turn off cell phones; avoid 'split screens.' Explain to others that you are unavailable for the next hour (perhaps hang a 'Do Not Disturb' sign on the door).
 - c. Have your computer on a firm surface and sit on a sofa/chair or at a desk if possible.
 - d. Check the audio/visual in the 'preferences' each time before a session so that you can see what I am seeing (and vice versa).
4. A teletherapy/audio session is subject to our 48-hour cancellation policy.

I have read the Teletherapy/Audio Consent contract. I understand and agree to comply with the policies as they are described and acknowledge receipt of this contract.

Client Signature and Date:

Clinician Signature and Date: